My goal is to meet each learner where he or she is, and to help that learner become his or her most effective self. This means becoming more self-aware and self-accepting of both strengths and weaknesses, more strategic, more flexible, capable of self-advocating, and moving forward on the path of self-determination. With this purpose in mind, I provide the following services:

Consultation:
- To provide advice regarding students’ learning needs and learning profile. Specific expertise in understanding neuropsychological profiles and insuring a good match between the student’s capacity and academic approaches.
- To interpret and clarify results of neuropsychological evaluations
- To advise regarding coherence between IEPs and evaluation results
- To help parents better understand and support their children who may have unique learning and emotional profiles.

Educational Therapy:
- Ages: children, adolescents and adults (age 6 onwards)
- Learning profiles treated:
  - Specific learning disorders, including dyslexia
  - ADHD
  - ASD
  - Executive function deficits
  - Test taking, including performance anxiety and writer’s block
  - Study skills
  - Reading: Wilson certified, trained in Orton-Gillingham and Visualizing/Verbalizing, use of eclectic, research-based active and critical reading strategies.
  - Writing: eclectic, process-oriented, research-based approach to all aspects of writing including keyboarding and handwriting; trained in EmPOWER and BrainFrames.

Approach:
- Student centered, strengths based approach that is flexible and adapts to the needs of the individual student.
- Collaborative, problem-solution oriented approach that bridges perceptions and aspirations between the student, parents, and teachers.
- Application of an ecological, multicultural perspective that considers the learner within his/her context.
- Focused on fostering metacognition, self-regulatory strategies, self-advocacy, and self-determination.
- Integration of a therapeutic approach informed by Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Acceptance Commitment Therapy, Internal Family Systems, and mindfulness.

Languages spoken:
- Fully competent: English, Hindi, Kannada, Telugu, Tamil
- Conversational competence: Spanish, French